



GENERAL AFTERCARE INSTRUCTIONS

Initial bandage can be left on for up to 8 hours.

- 2 to 3 times daily (until tattoo is fully healed), wash your tattoo with soap such as dial antibacterial or dove for sensitive skin. Be gentle, do not use a washcloth or sponge. ONLY use your clean hands. And be sure not to soak or saturate your tattoo. (do not get wet for more than 3 minutes max)
- **Gently pat your tattoo dry with a clean towel. Then allow to air dry.**
- The first 3-5 days: Rub a small amount of ointment on your tattoo after allowing to dry. Aquaphor is recommended. Always use clean hands! Make sure to rub the ointment in so that it's not shiny, or greasy - you want the thinnest amount possible. If the tattoo is shiny wash hands again and remove excess ointment. Do not use Vaseline, petroleum, Neosporin or other antibiotic ointment. Wash, dry and apply ointment 3-5 times daily, as needed.
- **On the first night, you may want to wrap your tattoo in saran wrap to prevent sticking to your bedding. If so, wash the tattoo after removing initial bandage, then apply a good layer of Aquaphor and wrap with Saran Wrap from new box. Do not use any cloth bandages or pads, as the fibers of this material can stick to your tattoo.**
- Clean bedding is recommended when getting a new tattoo.
- **After 3 to 5 days your tattoo will begin to peel. This is normal! DO NOT pick at your tattoo. Continue to wash the tattoo as before but begin using a mild, white, unscented lotion, free of dyes or perfumes after washing and drying.**
- Use lotion after each time you wash and as needed when the tattoo needs moisturized. Do this until the tattoo is fully healed.

Healing times vary.

THINGS TO AVOID:

- Do not pick, scratch, peel, slap, rub or irritate your tattoo.
- You can shower, but DO NOT soak your tattoo for at least two weeks. NO swimming, soaking or hot tub.
- You may not expose your tattoo to the sun for at least 3 weeks, after that you must use sun block.
- Do not wear abrasive materials, jewelry, or shoes that rub against your tattoo.

- Do not let anyone touch your tattoo.
- Beware of gym equipment; wash it well before use

WRAPPING METHOD INSTRUCTIONS

SUPPLIES NEEDED:

You'll need the following supplies on hand:

1. Clean box of Saranwrap
2. Aquaphor
3. medical tape

WRAPPING METHOD

- **The initial wrap should stay on for up to 8 hours.**
- To change the wrap, remove the old wrap and wash tattoo well with an unscented, dye free soap (i.e. dial or dove)
- **Bolt dry with a clean towel and apply a thin layer of Aquaphor over the entire tattoo, make sure the entire tattoo is covered with Aquaphor.**
- Wash and rewrap the tattoo 2-3 times per day for 3 full days
- **At the end of the 3rd day, remove the wrap, wash and dry the tattoo and start applying a fragrance and dye free lotion (i.e. Lubriderm).**
- Continue to wash the tattoo 2-3 times a day and moisturize with lotion after.
- **Moisturize the tattoo as needed until fully healed.**
- Do not soak or saturate the tattoo during the healing process.

Please **DO NOT take advice from friends in regard to healing your tattoo, any questions can be answered by the artist or anyone at the shop. If ANY issues or concerns arise please call the shop.*

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